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Welcome to Heartland Christian Counseling Psychological Consultation Services. This packet contains everything you need for the diagnostic assessment you have requested for your child. We thank you for this opportunity to serve you! We promise a high quality, professional, and comprehensive assessment with results and recommendations that will be helpful and useful.

What to Do Before the 1st appointment:

1. Sign the Testing Contract
2. Use the Insurance Worksheet for Psychological Testing to check your insurance benefits. Communicate with the office if you have any questions after speaking with your insurance company
3. Complete the rest of the new patient forms that have been sent to you.
4. Schedule – Once all initial paperwork is completed, you can schedule for testing
5. After scheduling, additional forms will be mailed to you, including parent questionnaires and a teacher packet to bring to school (if in school). These forms will need to be completed and brought to the first appointment.

What to Bring to the 1st appointment:

1. Completed new patient paperwork (unless submitted online)
2. Completed BASC questionnaires and teacher packet/school information (if applicable)
3. Insurance card and Payment (cash, card, or check)
4. Glasses/contacts/hearing aids
5. Proof of Guardianship: In the case of a minor or adult under guardianship, the parent with physical guardianship must be present at the first appointment. If you are not a biological parent, or due to a divorce, you must bring proof of guardianship.

What to Expect at the 1st Appointment:

You can expect to be at the clinic for 90 minutes. This time will include:

- Interview with parent/guardian
- Interview with child
- Discussion to determine what tests may be most beneficial for your child.

What to Expect at the 2nd Appointment:

If your child is on ADHD medication (Adderall, Ritalin, or Concerta), they must be off the medication for 24 hours prior to the testing. You can expect to be at the clinic for approximately 3 hours. This time will include:

- A battery of appropriate tests, typically including an intelligence test, a simple sustained attention test, a test of executive functioning, and multiple personality assessments. This will vary.
- Scheduling a feedback appointment for your testing results.

What to Expect at the 3rd (Feedback) Appointment:

You can expect to be at the Clinic (or on telehealth call) for approximately 1 hour, during which you will meet with the psychologist to review results, receive recommendations, and answer your questions. Children under 13 are not usually present for this appointment. Please do not bring your children (including siblings) that are under 13, as childcare is not available, and children may not be left in the waiting room unattended.

What to Expect After the 3rd Appointment:

- A written report will be mailed to you within four weeks of the 3rd appointment.
- With properly signed releases of information, a written report can be released to your child's school, primary care doctor, and/or other professionals involved in your child's care within four weeks of the 3rd appointment.

If you must cancel or change scheduled appointments for any reason, we request a 48-hour notice.

Call 641-628-9599 to cancel/change appointments.